

# Sam Stone

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## EDUCATION

**University of Utah**, Salt Lake City, Utah, Graduation: December 2023

- ***Master of Fine Arts in Modern Dance***

Faculty Members: Satu Hummasti, Eric Handman, Brent Schneider, Molly Heller, Daniel Clifton, Joselli Deans, Melonie Murray, Christine McMillan, Natalie Desch, Pamela Handman, Melissa Bobick

**University of Michigan**, Ann Arbor, Michigan, Graduation: December 2007 with University Honors

- ***Bachelor of Fine Arts in Modern Dance***

Faculty Members: Amy Chavasse, Robin Wilson, Judy Rice, Missy Beck, Stephen Rush, Peter Sparling

**Axis Syllabus Research Meshwork**, International, Certified in September 2020 - present

- ***Certified Axis Syllabus Teacher***

Mentored through the ten-year certification process by Frey Faust (founder), Kira Kirsch, Baris Mihci, Kelly Keenan & Nuria Bowart

The Axis Syllabus is a repository of useful information concerning the function and treatment of the human body in motion including guidance in biomechanics, stress mitigation, direction of kinetic energy, and postural solutions.

**Luna Dance Institute**, Berkeley, California, Completed between 2016 - 2019

- ***Completion of Professional Learning Foundation series in standards-based dance education***

Mentored by Patricia Reedy

While completing the course, Luna Dance Institute asked me to join their teaching staff to lead both children's courses and professional learning courses for training future teachers.

## EMPLOYMENT

### **Dance Schools and Arts Non-Profits**

**Appalachian State University Department of Theatre and Dance**, Boone, North Carolina, July 2025 to present

- Assistant Professor of Dance Studies

**Appalachian State University Department of Theatre and Dance**, Boone, North Carolina, August 2024 to May 2025

- Visiting Lecturer

**University of Utah School of Dance**, Salt Lake City, Utah, January 2024 to May 2024

- Adjunct Professor

**University of Utah School of Theater**, Salt Lake City, Utah, August 2023 to May 2024

- Adjunct Professor

**University of Utah School of Dance**, Salt Lake City, Utah, July 2021 to December 2023

- Graduate Teaching Assistant

**San Francisco Arts Education**, San Francisco, CA, September 2011 to August 2021

- Teaching Artist

**ODC School**, San Francisco, CA, November 2017 to March 2021

- Teaching Artist

**Luna Dance Institute**, Berkeley and Oakland, CA, September 2018 to June 2020

- Teaching Artist

**Nancy Karp & Dancers**, Emeryville, CA, September 2017 to June 2019

- Teaching Artist

**Appel Farm Arts & Music Annual Summer Camp**, Elmer, New Jersey, 8-week Summers of 2010 & 2011

- Director of Dance

## **UNIVERSITY TEACHING**

**2024 - present Appalachian State University**, Boone, NC

### Courses Taught:

Levels I, III & IV of Modern Technique (for Majors and Non-Majors)

DAN 3420: Modern Major's Improvisation & Choreography

DAN 2010: Exploring the Arts: Dance (lecture)

**2021 - 2024 University of Utah**, Salt Lake City, UT

### Courses Taught:

All levels of Modern Techniques (for Majors and Non-Majors)

DANC 1010: Dance in Culture (lecture)

DANC 1075: Creative Process

DANC 1023: Non-Major Dance Composition

DANC 1015: Dance Appreciation (lecture)

DANC 1730: Viewing Dance (lecture)

DANC 2410: Modern Majors' Workshop II (choreography)

BALLE 2910: Ballet Majors' Improvisation/Choreography

DANC 1021: Contact Improvisation

\*Teacher and Original Developer of 'Anatomy Club,' a weekly investigation of Thomas Meyer's *Anatomy Trains* with underlying research in reception techniques.

### Courses Taught as a Hired Adjunct Professor:

THEA 2240: 2<sup>nd</sup> Year Movement in the University of Utah Theatre Department

DANC 1310: Modern Techniques

THEA 3620: Core Dance I - Ballet

DANC 2320: Modern Techniques

### Courses Assisting Full Time Faculty:

BALLE 4401: Ballet Majors' Anatomy

BALLE 4402: Ballet Majors' Experiential Anatomy for Dance (Somatics)

DANC 4571: Dance Histories

## **PROFESSIONAL TEACHING EXPERIENCE**

### **Courses Developed**

**2023 – present Somatic & Anatomy Axis Syllabus class**, University of Utah, Salt Lake City, UT

Offered free weekly classes for students to link anatomy to biomechanics.

**2023 - present Dance Class for Humans Contemporary Dance Series**, University of Utah and Westminster University, Salt Lake City, UT

Instigated, organized and offered biweekly dance class with rotating facilitators for professional dancers in SLC while researching secondary social skills found within the dance classroom. Initially funded by CFA Research Grant. Serves over 400 local professional dancers. Founder of DCFH.

**2020 Dance Class for the Sensitive Mover**, online YouTube series

Two series (14 classes) of 1-hour original improvisational movement scores with anatomical references, built as a free offering for folks needing a movement practice during the Covid quarantine. International following.

<https://www.youtube.com/watch?v=Gkf7bXmFXTU&list=PLHFMbHN3fpvdr7zdiCbHi299ZpOEvxEvz&index=2>

- 2016 - 2018** **Free Up the Space (FUTS) Improvisation Series**, Bandaloop, Oakland, CA  
Offered free weekly facilitated improvisation space for professional dancers. Founder of FUTS.
- 2014 - 2016** **Modern Dance “Peer Practices” Class**, Kunst-stoff Dance Center, SF, CA  
Weekly modern dance classes for professional dancers utilizing the “Peer Practice” approach where students turn to one another for feedback and encouragement. Founder of Peer Practice model – a model adopted by dancers in San Francisco, New York, and New Mexico.
- 2011 - present** **Creative Dance & Composition**, San Francisco Arts Education, SF, CA  
Ongoing classes for students ages 4 – 15 while visiting dozens of schools throughout San Francisco as the dance artist in residency. Residencies lasted from 5-week commitments to six-year-long standings.
- Schools include: Miraloma Elementary, Glen Park Elementary, McKinley Elementary, HillCrest Elementary, RoofTop Elementary, Alvarado Elementary, Commodore Sloat Elementary
  - Typical teaching load: 12 classes per semester, reaching over 300 children
  - Included working with students in the Special Education classroom.
  - Concluded majority of residencies with a choreographed final performance.

## Courses Taught

- 2017 - 2020** **Axis Syllabus Dance Class & Labs**, The Finnish Hall, Berkeley, CA  
Ongoing modern dance classes for professional dancers and adults through the lens of Axis Syllabus (a collection of anatomy and biomechanics principles).
- 2018 - 2020** **Creative Dance & Composition**, Luna Dance Institute, Emeryville, CA  
Ongoing classes for students ages 4 – adult.
- Taught ongoing outreach classes at Green Valley Elementary in East Oakland, including working with students in the Special Education classroom.
  - Typical teaching load: 7 classes per semester, reaching over 100 children
  - Led Professional Development seminars for US-based dance educators
- 2017 - 2019** **Creative Dance & Composition**, Nancy Karp & Dancers Education Outreach, Emeryville, CA  
Ongoing classes for students ages 4 – 12 as the dance artist in residency at Anna Yates Elementary. Residencies lasted from 5-week commitments to year-long standings.
- Typical teaching load: 4 classes per semester, reaching over 100 children.
- 2010 - 2011** **Director & Dance Teacher**, Appel Farm’s Annual Arts & Music Summer Camp, Elmer, NJ

Organized and taught classes for over 75 students ages 6 – 18 including Modern Dance, Choreography, Improvisation, Yoga, Jazz, Ballet, & Contact Improvisation.

- Directed Dance department - managing staff, making schedules, and producing two performances per two-month-long Summer.
- Choreographed four pieces per Summer at the Clare Rostan Appel Theatre.

**2009 - 2011 Additional Dance Teaching After-School Positions, Oakland, CA**

Ongoing classes for students ages 4 – 12 as the dance artist in residency at Horace Mann Elementary and The International Community School.

## INVITED MASTER CLASSES

**2024 B.A.A.S.E.**, Bay Area Axis Syllabus Exchange workshop in Berkeley, CA.

**2023 Axis Syllabus Modern Dance Class**, KINESPHERE three-day workshop in Berkeley, CA.

**2023 Guest Artist at Rowland Highschool**, five-day workshop teaching modern dance and setting a work in Salt Lake City, UT.

**2023 Axis Syllabus Modern Dance Class**, two-day workshop in Portland, Oregon.

Invited to teach Axis Syllabus and biomechanics to the Portland movement community.

**2015 Peer Practices Modern Dance Class**, College Tour through California.

Invited to teach Peer Practices with the *viv* dance company and give accompanying talkback sessions.

- Visited University of Berkeley, Loyola Marymount University & Malashock Dance School.

## SERVICE

**2025 - present Advisor for Appalachian State Contemporary Dance Club: Momentum**

**2024 - present Consultant for *Dance Class for Humans***, Westminster University, Salt Lake City, UT

Attending board meetings to discuss relationships with outside organizations, funding, and scheduling.

**2022 - present Secretary of the United States Axis Syllabus Network**

**2023 Community Organizer & Creator of *Transdisciplinary Symposium***, University of Utah, Salt Lake City, UT

Bringing faculty across the U of U together to discuss efforts in Transdisciplinary initiatives.

**2021 - 2022 Justice Equity Diversity, & Inclusion Committee Member for the College of Fine Arts**, University of Utah, Salt Lake City, UT

Elected as the student representative for the committee focused on finding and implementing actionable steps towards Justice, Equity, Diversity & Inclusion within the College of Fine Arts.

- 2022**      **Community Organizer for the College of Fine Arts' Graduate Gathering**, University of Utah, Salt Lake City, UT
- 2019 - 2020**      **Community Organizer & Creator of the *Artists Gathering* Zoom series**, International Participation  
Created an online space for artists to support one another in response to the Covid Pandemic.
- 2019**      **Community Organizer & Creator of *Surrealism Inspired Walks***, San Francisco, CA  
Offered ongoing, weekly, guided irrational jaunts through the streets of San Francisco – an invitation to aimlessly walk without one's cell phone.
- 2018**      **Community Organizer & Creator of *Free Up the Space (FUTS)***, Bandaloop, Oakland, CA  
Offered ongoing, weekly, free improvisational space and facilitation for multi-disciplinary artists to play and create together.
- 2017**      **Community Organizer & Creator of *boat.art.res***, Embarcadero Marina, Oakland, CA  
Free residency for local artists to come and spend five hours on a 30' sailboat to create, play, and discover. Ten artists were chosen including a Composer, Dancer, Writer, Poet, Sculptor, Print Artist, Performance Artist, Multi-media Artist, Film Maker & Seamstress.
- 2015**      **"Bear-lesque" vîv Dance Company Benefit Organizer & Host**, El Rio, San Francisco, CA  
Organized a benefit for 75+ people in a rented venue while hosting and performing in the "Bear-lesque" variety show.
- 2013**      **Community Organizer & Creator of *Creative Beasts***, Foundry, Berkeley, CA  
Offered ongoing, weekly, free facilitation of an improvisational space for multi-disciplinary artists to play and create together.
- 2013**      **"Cabaret" vîv Dance Dance Company Benefit Organizer**, Happiness Hotel, Oakland, CA  
Organized a performance benefit for 75+ people while managing the ongoings of the "Cabaret" show throughout the house.
- 2010-2011**      **Appel Farm Arts & Music Camp Dance Director**, Elmer, NJ  
Served two 8-week summers as the director of this program - managing staff, making schedules, attending meetings, teaching 75+ students, and producing two performances per Summer.

### **Additional Management and Administration Positions**

**Dance Class for Humans**, a dance class series with rotating teachers, SLC, UT, Summer 2023 – present

- Founder & Administrator – Responsibilities include curating, scheduling, hosting over 400 participants, graphic designing, promoting, managing income and payroll, and grant writing
- DCFH has now been adopted by Westminster University where I act as the overseer of a team of 20+ people.

**Work Wider**, a hiring company devoted to Diversity, Equity, and Inclusion, Oakland, CA 2020 – present

- Administrator – Responsibilities include compiling and sending out bi-monthly MailChimp newsletters to 500+ members, weekly postings on various social media outlets, editing

written interviews, using Adobe Premiere to edit video interviews, and independently researching current events and resources.

**Bandaloop Dance Studios, Oakland, CA, 2017 to 2019**

- Studio Manager – Responsibilities included booking renters, ordering supplies, cleaning the space, and coordinating maintenance upkeep.

**viv Dance Company, Oakland, CA, 2014 to 2016**

- Administrator and Grant Writer – Responsibilities included compiling and sending out monthly MailChimp newsletters to 100+ members of the 'Board of Protectors,' a subscription based fundraising community, organizing crowd funding, managing financial accounts, and booking venues and studio rentals for performances.

## **CREATIVE RESEARCH – ORIGINAL CHOREOGRAPHY**

- 2025**      *We're All It Together*, Valborg Theatre, Boone, North Carolina  
A group dance piece inspired by Terry Gilliam's *Brazil*; original music by Mark Clifford.
- 2024**      *Cantaloupe-a-dopamine*, short film, Salt Lake City, Utah  
Created with film maker Micah Vassau. One talking philosopher cantaloupe, 20 ballerinas, and two lovers' take on perspective and care.
- Chosen to show at Oakland's Drunk Film Fest in October 2024
  - Chosen to show at Salt Lake City's Utah Dance Festival in August 2025
- 2023**      *Hers to Give*, Marriot Center for Dance, Salt Lake City, Utah  
Six women indie-punk band gone dance theatre piece about the female experience of how others see us and how we want to be seen. With originally composed music by me.
- Chosen to represent the University of Utah at the Northwest American College Dance Association Festival at Weber State University in March 2024
- 2023**      *Neutral*, Spynop, Salt Lake City, Utah  
A solo set on Virginia Broyles alongside a pathway installation built from an assortment of objects.
- 2023**      *iff*, Marriot Center for Dance & vis gallery, Salt Lake City, Utah  
A duet formed out of contact improvisation playing with seeing and responding
- 2023**      *Electric Sheep*, Rowland Highschool, Salt Lake City, Utah  
A commissioned group dance piece thinking about AI
- 2022**      *How to Participate in a Modern Dance Show*, short film, Salt Lake City, Utah  
A satirical tutorial for prepping audiences for Modern Dance.
- 2022**      *Of an Imposed Task*, two site-specific locations, Salt Lake City, Utah  
A solo based on Samuel Beckett's *The Unnamable* where every task must be undone.
- 2022**      *Spirit*, three site-specific locations, Salt Lake City, Utah

A solo piece *caught* through tapping into the omnipresent spirituality present in certain improvisational spaces as guided by my Jewish identity and Lithuanian roots.

- Performed on top of Passover dinner table to celebrate the High Holiday.
- Performed at Sunset Studios, as part of 801 Salon in February 2024.

**2022** *Virtuoso*, Black Box Theatre, University of Utah, Salt Lake City, Utah

A collection of eight experimental artists, "Range Artists," exploring multi-medium, cross fertilization making spaces through a process of exchanging and obscuring various artistic methodologies, techniques, cultures, and systems of prestige.

**2021** *Fishbowl*, Black Box Theatre, University of Utah, Salt Lake City, Utah

A trio piece playing with the shifting of textures in the body.

**2019** *Not Not But Also*, Adeline Lab, Berkeley, CA

An evening length installation-based performance piece, nine actors and dancers, moving in and around the multi-media installation with ideas that challenge perceptions and conventions about what is real and what is true. Performed Fridays & Saturdays for one month.

**2018** *the other dance*, Bandaloop, Oakland, CA

An evening-length performance with three performers exploring the ins and outs of 'not caring' with originally composed music and theater build-out by me.

- Performed at SAFEarts in San Francisco, CA as part of the RAW artists residency.
- Performed at PianoFight, a community-driven Indy arts and bar venue in San Francisco, CA.
- Performed at the People's Party, a monthly dance and art party at The New Parish, in Oakland, CA.
- Performed in multiple site-specific locations throughout the Bay Area.

**2017** *Whisper Now*, Finnish Hall, Berkeley, CA

Solo performed as part of the CONverge performance series sponsored by the Finnish Hall, a center for community and culture.

**2016** *Year of the Fire Monkey - My Glam Rock Modern Dance Run*, PianoFight, SF, CA

An evening-length dance theatre performance where Franky Stone, X, and Honey & the Emperor take the stage as glammy queens while the outside world is burning down.

- Performed at PianoFight, a community-driven Indy arts and bar venue in San Francisco, CA.
- Built during 3-month residency at Lobot Arts Collective in Oakland, CA.

**2015** *Soft Reigns Feral Feral*, Finnish Hall, Berkeley, CA

Lead the AS Research Committee of six dancers to translate biomechanical movement principles into performance material related to soft resilience.

- Created during a 2-month residency at the Finnish Hall in Berkeley, CA.

**2014** *Fair Slope*, The Jewel Box Theatre, Oakland, CA

An evening-length performance for three dancers in collaboration with The Dirty Snacks Music Ensemble taking inspiration from the geometry of the body.

- Performed at SF Community Music Center, San Francisco, CA.

- 2014**      ***Opposite View***, Bajardo Creative Arts, Bajardo, Italy  
An interactive dance & singing solo performed on the cobblestones of Bajardo, Italy.
- Created during a 2-week residency at the Bajardo Arts Summer Residency in Bajardo, Italy sponsored by Bajardo Creative Arts.
- 2014**      ***Hysterical Young Women***, 12 unique site-specific locations, Oakland & SF, CA  
An evening-length dance theatre piece with a five-person cast performed in locations ranging from Redwood State Park to the local gas station.
- Performed as part of a bicycle tour where the audience followed a map from location to location to find different sections of the piece.
  - Created during a 3-month residency at The WEB in Oakland, CA.
- 2013**      ***Cabaret***, Happiness Hotel, Oakland, CA  
An evening of several short dance, theatre & original music pieces including *Rogie & Biv*, *Dance No Parking*, and *Hole in the Wall* – involving six performers.
- 2012**      ***Sam Stone's Dance Recital***, Sugar's House, Oakland, CA  
An evening of several original dance pieces including *Redhead Roundup*, *Goldie Locks and Bear*, *Break it Down*, and *Keep It Light* – involving eight performers & musicians.
- 2011**      ***Moon Boogy***, Sugar's House, Oakland, CA  
A duet dance piece performed as part of 'Pie & Comedy' night.
- 2010**      ***Friday Nights***, Clare Rostan Appel Theater, Elmer, NJ  
Choreographed and performed two solos, *Two of Us* and *The Pirate*.
- 2009**      ***Friday Nights***, Clare Rostan Appel Theater, Elmer, NJ  
Choreographed and performed two solos, *Consequences* and *The End*.
- 2008**      ***Crimson Hexagon***, Adobe Bookshop, San Francisco, CA  
An evening length dance-theatre performance with a nine-person cast of dancers, actors, and musicians in one of San Francisco's oldest bookshops, based on the work of Jorge Luis Borges and built during a 3-month residency.
- 2008**      ***Walz***, The Garage, San Francisco, CA  
A solo dance piece inspired by surrealist imagery.

## **CREATIVE RESEARCH – PERFORMANCE**

- 2023**      ***BIG BEATS***, multiple site-specific locations, Salt Lake City, Utah  
Performed in Joanna Kotze's 15-minute, 25 person casted, dance piece.
- 2021**      ***Hand-stitched Electric***, Jeanne Wagner Theatre, Salt Lake City, Utah  
Performed in Virginia Broyle's 20-minute dance piece.
- Worked into a short dance film currently touring film circuits.
- 2019**      ***Iconophile***, Temescal Art Center, Oakland, CA  
Soloist and collaborator in Bianca Cabrera's 20-minute dance piece.
- 2018**      ***One Thing***, PianoFight, San Francisco, CA  
Lead actress in Jeane Leonard's short play presented as part of the 'Short Lived' festival.

- 2018**      ***Before It Even Starts***, PianoFight, San Francisco, CA  
Lead actress in Jasmine Woods' short play presented as part of the 'Music Scene' festival sponsored by PianoFight.
- 2015**      ***Never the Same Twice***, Dance Mission Theatre, San Francisco, CA  
Performed in Rosemary Hannon's 20-minute trio with the vîv dance company.
- 2015**      ***Mermaid Out of Water***, Dance Mission Theatre, San Francisco, CA  
Performed in Ashley Trotter's 20-minute duet with the vîv dance company.
- 2014**      ***Bear Down***, CounterPulse, San Francisco, CA  
Performed in Bianca Cabrera's evening length group piece with the vîv dance company. Additionally performed at Dance Mission Theatre, San Francisco, CA.
- 2014**      ***Ouroboros***, CounterPulse, San Francisco, CA  
Performed in Kathleen Hermesdorf's evening length group piece with the vîv dance company. Additionally performed as part of the FRESH festival at Kunst-stoff Arts.
- 2013**      ***Sketches***, Speak Easy West, Oakland, CA  
Performed with Bianca Caberera's Blind Tiger Society Dance Company in a site-specific evening of work.
- 2012**      ***Sunk in Sleep***, CounterPulse, San Francisco, CA  
Performed in Bianca Cabrera's evening length group piece as part of the Blind Tiger Society Dance Company.
- 2012**      ***Stu is Dead***, Happiness Hotel, Oakland, CA  
Performed in Chani Bockwinkel's evening length dance theatre piece.
- 2012**      ***Destroy***, Kunst-stoff, San Francisco, CA  
Performed in Leyya Tawil's evening length, group, dance piece.
- 2011**      ***Everything's Coming Up Roses***, Foundry, Berkeley, CA  
Performed in Chani Bockwinkel's duet dance piece as part of the Foundry Nights.

## **GRANTS, AWARDS, AND RECOGNITION**

- 2025**      **Recipient of the *University of Michigan 2025 Professional Achievement Award \$1000***, awarded by the Music, Theatre and Dance Department recognizing alumni who have made significant contributions to their artistic fields.
- 2024**      **Recipient of 2024 NDEO Professional Development Scholarship \$650**, to use for attendance to National conference and membership fees
- 2024**      **Recipient of Appalachian State Travel Grant \$775**, to present at NDEO
- 2024**      **Recipient of the University of Utah's School of Dance Dee R. Winterton Award**, awarded in honor of reflecting Winterton's creativity, humor and wit, love of the arts, dance and people, freely embraced spontaneity, and commitment to bring out talents in others.
- 2024**      **Recipient of Salt Lake City Arts Council Project Support Grant \$2,000**, for dance class series *Dance Class for Humans* operations in Salt Lake City, Utah.

- 2023**      **Recipient of College of Fine Arts FAF Grant \$4,500**, for making a screen dance in Salt Lake City, Utah
- 2023**      **Recipient of College of Fine Arts Travel Grant \$400**, for presenting at KINESPHERE Axis Syllabus Conference in Berkeley, CA.
- 2023**      **Recipient of College of Fine Arts Research Grant \$2,000**, for initiating community dance class series *Dance Class for Humans* and paying rotating teacher fees while researching secondary social skills that happen in the dance classroom in Salt Lake City, Utah.
- 2015**      **Recipient of Zellerbach \$1,500 Grant**, commissioned to the *viv* dance company for artist fees in San Francisco, CA.

## **PRESS AND MEDIA EXPOSURE**

- 2024**      Interviewed for Sally Hatfield's podcast on 'What is Modern Dance?'
- 2024**      Interviewed for [AppTV's 'Religion in Life' podcast](#) on my dance piece "Spirit"
- 2023**      Interviewed for Helena Arenbergerová's PhD dissertation on the Axis Syllabus
- 2021**      Interviewed for the February issue of Dancers' Group *In Dance Magazine* for the article – *What's In a Conversation?*

## **CONFERENCE PRESENTATIONS**

- 2025**      **National Dance Educator Organization (NDEO) National Conference**, Detroit, MI  
'Building a Dance Class Series that Sticks' Workshop Presentation – sharing the blueprints of 'Dance Class for Humans' Contemporary Dance Class Series
- 2025**      **2024-25 Research and Creative Activity at Appalachian event**, Boone, NC  
'Dance Class for Humans Research Results' Poster Presentation – quantifying qualitative data that tracks social skills being taught in dance classrooms
- 2024**      **National Dance Educator Organization (NDEO) National Conference**, Bellevue, WA  
'Dance Class for Humans Research Results' Poster Presentation – quantifying qualitative data that tracks social skills being taught in dance classrooms
- 2024**      **American College Dance Association**, Weber State, Ogden, UT  
'Body Scan Coloring - making self-care maps for assessing injury and holding patterns'
- 2023**      **Transdisciplinary Symposium**, University of Utah, SLC, UT  
'What's so special about training in dance? An argument for the generalist'
- 2023**      **American College Dance Association**, University of Utah, SLC UT  
'An Introduction to the Axis Syllabus'  
'Free Up the Space (F.U.T.S.) Improv Hang'
- 2022**      **Utah Dance Education Organization (UDEO)**, Salt Lake City, UT  
'Peer Practices – Alternatives to Teacher-Student Hierarchies'  
'Advocating for K-12 Dance Teachers as Valuable Contributors to Higher Education'

## **PUBLICATIONS**

**2024**            **'Dancers as Generalists: Moving Beyond Specialist Mentality'** – MFA Thesis, published on ProQuest

## **PROFESSIONAL AFFILIATIONS**

**Axis Syllabus Research Meshwork Certified Teacher** – 2020 - present

**Dance Studies Associations** – 2021 – present

**National Dance Education Organization** – 2024 - present